

FOR REVIEW

<b>To</b> (various)	<b>From</b> Rockingham Kwinana Division of General Practice
<b>Fax</b>	<b>Date</b> 22/10/09
<b>Tel</b>	<b>Pages</b> (including this page) 7

**THIS WEEK:**

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Nabs – Deaf people can now give full informed consent, Free Interpreters at the Doctor's	03-04
Cancer Council – Cancer Council Group Programs	05-7

Rockingham Kwinana Division of General Practice (RKDGP) has received an expression of interest/curriculum vitae from an international medical graduate who is looking for work in Western Australia.

Any Practice who wishes to receive the information in relation to the candidate please contact RKDGP on; 9439 9500 for and electronic copy of the details. RKDGP cannot guarantee the

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Web [www.rkdgp.com.au](http://www.rkdgp.com.au)

information. Any Practice's expression of interest will need to undertake their own due diligence in processes regarding the candidate.

**Please note this fax out can be viewed at our Website; [www.rkdgp.com.au](http://www.rkdgp.com.au)**

## Value of Home Medicines Reviews (HMRs) Clear:

In support of the positive findings of our own, local, HMR study – conducted in 2008/2009 – several recent studies have shown a **clear benefit** for patient and GP participation in an HMR.

- Patients who were hospitalised with heart failure and who participated in an HMR after discharge, had a significant delay in time to next hospitalisation due to heart failure. (South Australian study)
- People on warfarin who participate in an HMR have a significant reduction in hospitalisations over a period of time post-HMR. (DVA research project)

**50%** of patients who participated in the Rockingham/Kwinana HMR evaluation study stated the process had resulted in them feeling better and **80%** stated they are now more confident in using their medications and understand more about why they take their medications. This clear improvement in **'health literacy'** improves compliance and has been shown to enhance health outcomes.

If you would like any more information on how to initiate referrals for HMRs or how to streamline the process – including payment of the Item 900 fee of \$143.40 – please contact Helen Brown on 9439 9500 or 0408 953 490.

## DEAF PEOPLE NOW CAN GIVE FULL INFORMED CONSENT

### FREE INTERPRETERS AT THE DOCTOR'S

For many Deaf people, written and spoken English is not their first language. Sign Language is their first language. Many Deaf people struggle with written and spoken English. Most Deaf people in Australia communicate with Australian Sign Language (Auslan). Auslan is recognised as a community language by the Australian Government.

The risk of Deaf patients not being able to give their informed consent is very high when they do not have Interpreters for their medical appointments. Without the facilitation of a professional signing Interpreter, the Deaf person is at high risk of not understanding the implications involved and future consequences of an action.

Private medical practitioners such as GP's, Specialists, Chiropractors, Psychologists, Endocrinologists and many more can book an Sign Language Interpreter from NABS at absolutely no cost. NABS is funded by the Department of Family, Housing, Community Services and Indigenous Affairs (FaHCSIA). The provision of sign language Interpreters is free to both the private medical practitioner and the client.

To book **FREE** Interpreter, contact the friendly Call Centre staff and they will be happy to assist you.

**Phone:** 1800 24 69 45

**TTY:** 1800 24 69 14

**SMS:** 0427 671 261

**Fax:** 1800 24 69 14

**Email:** [bookings@nabs.org.au](mailto:bookings@nabs.org.au)

**Online:** [www.nabs.org.au](http://www.nabs.org.au)

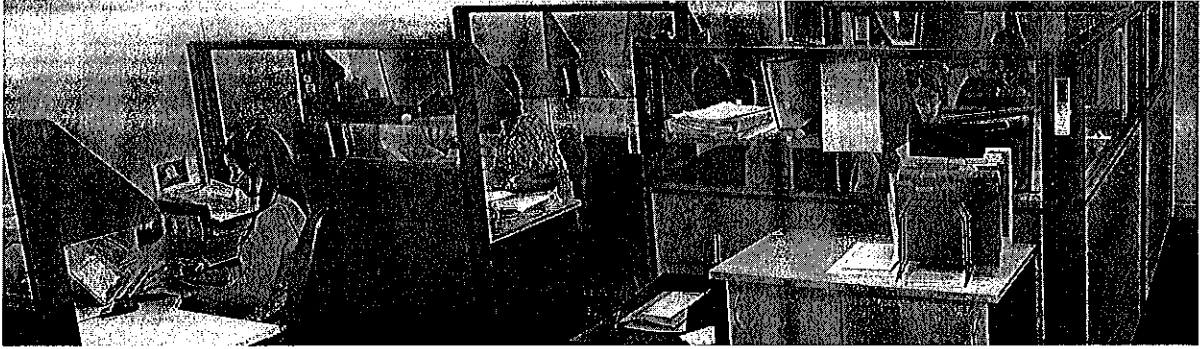


**nabs**

National Auslan Interpreter  
Booking & Payment Service

- The National Auslan Booking Service (NABS) provides FREE sign language Interpreters for **private** medical and allied health care.
- NABS Interpreting services are available to deaf Aboriginal and Torres Strait Islanders for both private and public health care.
- NABS is funded by Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA).

James Kerwin, Communications Officer, NABS



NABS Call Centre is here for you. NABS is open 8 am to 8 pm Mon-Fri, 8 am – 1pm Saturdays, your local time, Australia-wide.

**Cancer Council Group Programs**

The Cancer Council WA will commence the 2010 Group programs in early February. The program includes Life Now Exercise, meditation/relaxation and yoga groups, free for people living with cancer, their carers and family members. For more information about locations and eligibility contact the Cancer Council Helpline on 13 11 20 or go to [www.cancerwa.asn.au](http://www.cancerwa.asn.au)



# Exercise & Relaxation Program 2010 for Cancer Patients & Carers

**Are you or someone you care about living with cancer?  
Cancer Council WA invites people living with cancer, their carers &  
family members to take part in free exercise & relaxation programs.**

## **Life Now Exercise Program**

**(12 week program)**

Riverton	2pm, Tuesday & Friday 2 February
Morley	10am, Tuesday & Thursday 2 February
Rockingham	11am, Monday & Thursday 22 February
Bunbury	12 midday, Tuesday & Thursday 2 February
Como*	11am, Tuesdays & Thursdays, ongoing

## **Relaxation/Meditation Classes**

**(8 week program)**

Armadale	9am, Friday 5 February (ongoing)
Bunbury	12.30pm, Thursday 4 February
Wangara	1.30pm, Tuesday 2 February
Nedlands	2pm, Tuesdays (ongoing)
North Perth (Touch of Tai Chi)	4.30pm, Tuesday 2 February
Shenton Park	5pm, Thursday 4 February
Riverton	1.30pm, Monday 1 February
Midland	2.45pm, Thursday 4 February
Rockingham	12 midday, Friday 5 February
Fremantle	10am, Tuesday 2 February

## **Yoga Classes**

**(8 week program)**

Armadale	1.00pm, Thursday 4 February
Wangara	3pm, Monday 1 February
Midland	12.30pm, Wednesday 3 February
Nollamara	11.30 am, Thursday 4 February
Rossmoyne	11.30am, Wednesday 10 Feb (6 weeks)
Bayswater	1pm, Monday 1 February

\* Fee applies to this group

**To register call the Cancer Council  
Helpline on 13 11 20**  
*Gold coin donation appreciated*

 **Cancer Council  
Helpline  
13 11 20**



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